

MAY 1 - 15 SALES

Lotus Foods
ASIAN NOODLES

\$3.29



Lotus Foods works with local farmers in the context of their cultures to foster sustainable farming practices, conserve water, and provide a fair price for their crops. And the noodles are whole-grain, gluten-free and organic. Toss with some soy sauce and sesame, protein and vegetables. It's that easy.

Force of Nature
GROUND VENISON

\$11.99



Lean, flavorful burgers await. Use your favorite beef or lamb recipe. Ground elk on sale \$12.99

Starlite
VEGAN TAQUITOS

\$6.49



For kids, teens & adults who like crispy-crunchy things you eat with your hands. Heat + Eat

Vermont Butter & Cheese
CHEVRE
get ready for salads!

\$3.49



also save on creme fraiche \$3.79

Tcho
CHOCOLATE BARS
the perfect level of sweet

\$3.79



3 individually wrapped bars in each pack

Mi Nina
TORTILLA CHIPS
Brockton, MA!

\$3.99



organic, and FRESH

Pressed
COLD-PRESSED
JUICES

\$3.79



Ya Oaxaca
ADOBO BARBACOA
marinade and sauce

\$5.29



Ancient Harvest
COOKED POLENTA

\$2.79



just slice, heat + serve

Charcutnuvo
BEEF FRANKS

organic
\$6.99



Canyon Bake
HERITAGE BREAD
gluten-free

\$6.99



Organic Valley
RAW CHEDDAR
mild | sharp

\$4.49



Graza
"SIZZLE" 1 LITER
extra virgin olive oil

\$13.99



Siete
POTATO CHIPS
avocado oil

\$2.79



Independent since 1989 | www.DebrasNaturalGourmet.com | 978.371.7573 | 98-106 Commonwealth Ave., Concord

Legendary kitchen | Pioneering refillery | Informed advice on supplements
Local & Global | Ethics & standards on every shelf | Conscious curation | Humanity

DEBRA'S NATURAL GOURMET

EAT WELL BE HAPPY

everything from
**HOST
DEFENSE**

save **25%**

Decades before mushroom coffee was on everyone's social media feed (energy! vitality! clarity!), Host Defense was growing and making superior quality mushrooms products -- many of which you can add to coffee! The blends are superior tonics. Liquids, capsules, powders.



Emerald Labs
WOMEN'S MULTIS

save **25%**

methylated B-vitamins:
easy to swallow. Men's turn in June



Tera's
WHEY PROTEIN

includes organic and
lactose-free powders

save **20%**



Mineral Fusion
NAIL POLISH

time to get those toes
sandal-ready

\$7⁹⁹



Compostic
**COMPOSTABLE
"PLASTIC" BAGS**
\$3⁹⁹



gallon bags, freezer bags, sandwich bags

Dean's Beans
BULK ORGANIC COFFEES

save **20%**

freshly roasted from the organic fair
trade pioneers in Orange, MA



What's NEW @ Debra's?

- Annie's Pure & Simple vinegar cleaners
- some really pretty hummingbird feeders -- sleek metal + glass -- for less than \$35
- organic dahi -- Indian-style yogurt
- Finallie Ferments black garlic sauerkraut
- ube powder from Wilderness Poets

- pizza- and pesto-flavored pork sausages made in Vermont from VT Salumi
- Chateau de Montfrin French organic extra virgin oil
- Adrianna's dog treats -- local middle school business
- Ati Manel Portuguese sardines in thick tomato sauce
- orange creamsicle frozen dairy-free pops