

MARCH 1 - 15 SALES

Maya Kaimal
SIMMER
SAUCES

\$4²⁹



Surprisingly authentic, and shockingly easy, just add protein and/or vegetables for a simple, satisfying, healthy meal. Even quicker: use frozen vegetables. A bag of frozen peas, and some cauliflower florets will do it. Or, if you can bear to cook for 10 (!) minutes, chop some carrots and a pound of tofu.

Tonnino
CANNED TUNA

\$2²⁹



Award-winning, and we give it the award, too, for "best tuna in a can at an everyday price."

Food for Life
GENESIS 1:29 BREAD

\$5²⁹



Named after the passage where God gives us "all the seed-bearing plants to use." Lots of seeds!

Once Again
PEANUT BUTTER
crunchy | smooth

\$5⁷⁹

Entire
Line on
sale



also save on almond, cashew, sesame

O.W.Y.N.
PROTEIN SHAKES
vegan | keto

\$2⁹⁹

35 g protein | 1 g net carbs



Three Trees
PISTACHIO MILK
also save on black sesame milk

\$5²⁹

one of the world's healthiest nuts



Yogi
TEAS
organic

\$3⁴⁹



Unreal
CANDY BAGS
lower sugar

\$4⁴⁹



Kerrygold
IRISH BUTTER
salted | unsalted

\$4⁹⁹



Forager's
CASHEWMILK YOGURT
dairy free⁵

\$1⁵⁹



Muir Glen
TOMATO SAUCE
organic

\$2⁹⁹



Canyon
G/F BREADS
18 oz

\$5⁷⁹



Lakewood
CONCORD GRAPE
100% juice

\$5⁷⁹



Alden's
ICE CREAMS
giant tubs

\$8⁹⁹



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Legendary kitchen | Pioneering refillery | Informed advice on supplements
Local & Global | Ethics & standards on every shelf | Conscious curation | Humanity

DEBRA'S NATURAL GOURMET

EAT WELL BE HAPPY



everything from
SCHMIDT'S
natural deodorants

save **20%**

Deodorant is the #1 bodycare product in your medicine chest where natural and non-toxic is absolutely crucial, because of how well we absorb chemical through the sensitive skin of the armpits. Schmidt's deodorants are natural, effective, and 100% free of aluminum compounds and artificial scents



everything from
YERBA PRIMA

save **20%**

Psyllium fiber sweeps toxins, lowers cholesterol, boosts regularity, and supports gut health.



Nordic Naturals
VITAMIN C GUMMIES

save **\$17.99**

120 vegan gummies with organic ingredients ensure your daily supplement is easy + delicious.

everything from
GIOVANNI

save **20%**

natural hair care with professional results



everything from
DERMA-E

vegan, clinically proven, cruelty-free

save **20%**



everything from
NATURAL VITALITY

magnesium powder and gummies

save **25%**



Back Roads
BULK VERMONT GRANOLAS

save **20%**



Lots of clean and organic ingredients. Includes grain-free & gluten-free options. Remember: granola is for a) milk; b) eating out of hand like trail mix; and c) topping an apple cobbler.

Biokleen
LIQUID LAUNDRY
128 loads

save **\$12.99**

measuring cap



What's NEW @ Debra's?

- fat + succulent wild-caught scallops from Japan
- Frizz B Gone shampoo and conditioner from Giovanni
- some truly creative flavors of potato chip, from the Gourmet Chip Company
- get ready for Easter with organic chocolate quail eggs, from Knipschildt Chocolatier
- Starlite vegan taquitos
- Mycoterra locally grown gourmet + exotic mushrooms
- Yaupon tea from MA's own Freedom Fluid. (Yaupon is the only caffeine plant native to North America. For most people, it's caffeine without the jitters).
- fiber gummies from Mary Ruth's